



The Knowledge Series™

5 Keys to Accelerate Your Success



Issue 24 -
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HAPPY MOTHER'S DAY!

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Happy Mother's Day!

This year I was lucky to be able to spend Mother's Day with my daughter and her two daughters. OK, it wasn't Mother's Day in England, they celebrate it in March, but we celebrated anyway.

If you are a mother of any kind, even a fur baby mother, I hope you enjoyed the day and took time to celebrate.

And celebrate all the mother's, including mine, who are no longer with us.

Create traditions and capture moments. I love that I can look

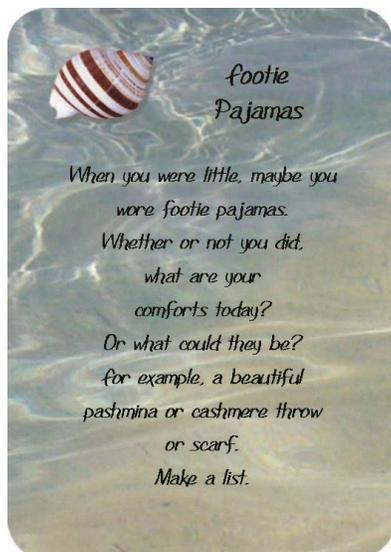
at pictures of my Mom, holding me as a baby and me carrying my daughter with my Mom and her Mom beside me. What memories are you making today?



Go to the link below for other blog posts to inspire you and to let me know how you are celebrating and making memories.

<http://judypeebles.com/Happy-Mothers-Day-2017/>





Footie Pajamas

When you were little, maybe you wore footie pajamas. Whether or not you did, what are your comforts today? Or what could they be? For example, a beautiful pashmina or cashmere throw or scarf. Make a list.

We all need “mothering” at times and as we grow up, we need to learn how to mother ourselves, especially if your mother has passed away which no matter how old you are can be tough to handle.

Physical comforts are important to our inner child. And sometimes we just need a nap. Or occasionally, our favorite comfort foods.

What can you do today to take care of yourself? Your needs?

Go to the link below and share your list.

<http://judypeebles.com/Footie-Pajamas/>

This is one of the writing exercises in the ***Pursue a Life of Passion & Purpose*** ebook. Others included are – ***When I grow up, I'm going to be....*** and ***Comfort Foods***.

For more info go to:-

<http://thejournalinggenius.com/store/ebooks/>



Clarity is Crucial

If you don't know where you are headed, how will you know when you have arrived?

Getting clarity is crucial to accomplishing your goals.

Thoreau said:-

“This world is but a canvas to our imagination.”

~ Henry David Thoreau

We can and do create everything around us. Take a moment and look around you. The chair you are sitting on, the technology you are using to read this, everything around you was once just an idea in someone's head.

Journaling or writing down questions is a powerful tool to dig out those creative thoughts and ideas and help you gain clarity.

What do you want to create in your life? In the world? This year? And beyond?

Get in touch with that still, quiet voice inside and listen.

What will your world look like, feel like, sound like, when you have accomplished your goal?

Here's an exercise to use to help you gain clarity – a timed writing.

<http://judypeebles.com/breathe-and-listen/>

“Winners have the ability to step back from the canvas of their lives like an artist gaining perspective. They make their lives a work of art - an individual masterpiece.”

~ Denis Waitley

If you want help with to clarify your vision and feel a need to “step back from the canvas” as Denis Waitly suggests, **join us for a one-day Magnify Your vision workshop**

<http://theknowledgeseries.com/events/magnify-your-vision>

Your registration will also include three pre-workshop webinars to help you prepare for a powerful day and three post-workshop webinars to assist you in creating your Action Plan to take the steps to achieve your Vision.

Early Bird Registration now available.

What is your vision for your life and world?

<http://judypeebles.com/clarity-is-crucial-2017/>



Where will the JetStream take you today?

In this high intensity world, sometimes you just need to sit back, relax and have a refreshing beverage. And maybe grab your journal and pen and think about where you would like the Jetstream to take you.

If you're a coffee lover, you have to check out this new brand – **JetStream Coffee**.

JetStream Coffee's freshly roasted whole beans are now available on Amazon in three varieties:

Dark Roast Certified Fair Trade Organic
Light Roast Certified Fair Trade Organic
Espresso Dark Roast

Sue Ballew, the Founder of **JetStream Coffee** has been a full -time independent Flight Instructor in the San Francisco Bay Area for almost 10 years.

Since her first trip to Europe in the '80s, Sue has enjoyed and appreciated great coffee, especially espresso. With an eye always open for a new venture and a desire to expand her entrepreneurship, **Jetstream Coffee** was born,

inspired by her passion for flying and aviation, travel, and a great cup of coffee. With a tagline of "Where will the JetStream take You today?", she hopes to inspire people to dream about flying to far-away places while they are savoring a delicious cup of **JetStream Coffee**.

Be one of the first to purchase the latest brand of coffee. To launch this exciting new brand, we are offering the first 30 customers a **55% discount***.

Go to <http://www.jetstreamcoffee.com/coffee-1.html>

Now and order using this exclusive code: **6928YQNN** to get the discount.



WITI Annual Summit

The most important event for women in technology returns to Silicon Valley June 11-13, 2017 at the DoubleTree by Hilton in San Jose.

At the 23rd Annual Women in Technology Summit, executives, entrepreneurs, and technology thought leaders from around the world converge to make things happen.

Having climbed the Corporate ladder and as a former

Director, Sales Operations in tech, I have been supportive of WITI for a number of years and again this year, I will be delivering a coaching circle on Sunday, June 11th.

To learn more and to register, visit

<https://www.witi.com/conferences/2017/summit/>

Get Out of Your Head!

Get Into Action!

Get What You Want!

**Looking for a Speaker
or
Training & Coaching for
Your Team?**

Contact Judy



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Judy Peebles, International Speaker, Trainer and Coach. Creator of The Journaling Jenius™, Journaling Jems™, The Knowledge Series™ and High Heeled Haven™.