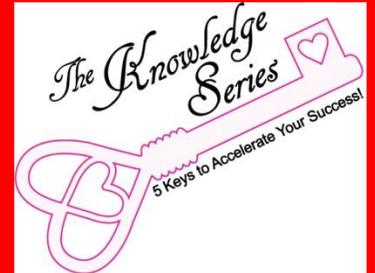




# The Knowledge Series™

## 5 Keys to Accelerate Your Success



Issue 25 -  
July 2017

## LET FREEDOM RING!

### Let Freedom Ring!

I know in our current political climate that using an image of a Bald Eagle, an American flag and The Constitution, might bring about an unprovoked political discussion. But no politics here, just proud to be an American.

**"Laughter is America's most important export."**

~ Walt Disney

And as we celebrate our Independence Day this month, I just wanted to share my thoughts and memories of Summer and especially, July.

July has always been one of my favorite months, maybe because it's my birthday month and as a

kid, of course, it was summer vacation. Having a birthday near Independence Day I was frequently spoiled by celebrating my birthday with 4<sup>th</sup> of July fireworks.

There were the summers when we weren't overseas and were able to celebrate with our extended family. This included barbecues and ginormous watermelons chilled in bright shiny metal trash cans dedicated solely for that purpose. Oh, and anticipating the taste of that homemade ice cream as we took turns cranking until our tired little arms could do no more.

I remember summer days on the lake with air mattresses and inner tubes. Trips home including a stop at the local deli to get a selection

of cold cuts, cheeses and fresh bread to be spread out on the kitchen table and feasted upon with our summer filled day enhanced appetites.

Camping whether in the rain in Europe or on the mosquito ridden East Coast and how food always seemed to taste better when you were outside.

**Ahhhh, summer!!**



**IN THIS ISSUE**  
Let Freedom Ring! - Pages 1 & 2  
Corporate Compass – Page 2  
A Dog's Purpose – Page 3  
All That & A Bag of Chips – Page 3

## Let Freedom Ring! (cont/...)



I have lived abroad and having experienced other countries, there really is something special about America, the American dream, and the belief that anything is possible here.

Regardless of our differences, I love the great diversity here. That is what America is all about for me.

And especially here in California, this weird, wild and wonderful state that I have made my home. When I first moved here, after living in Europe, England and the East Coast for most of my life, I thought I would give it a year. And it is hard to believe that next year I will have been here 30 years. The longest I have lived anywhere, my entire life.

July is a good time to watch all those patriotic movies.

Some of mine are – Air Force One, American President, Independence Day, National Treasure, White House Down, and Top Gun.

What are yours?

**Go to the link below for other blog posts and to let me know what you love about Summer or your favorite patriotic movies.**

<http://judypeebles.com/Let-Freedom-Ring-2017/>

## Create Your Corporate Compass



Does the climb up the Corporate ladder seem too daunting?

Lacking direction in your career?

Are you looking for a new job? Or a step up the career ladder in your current company?

Overwhelmed by your to-do list?

The **Create Your Corporate Compass Coaching** program will help you overcome the challenges you face daily in your corporate life.

**How are you doing on those goals you planned to accomplish this year?**

The **Create Your Corporate Compass Coaching** program will help you:

Get clear on exactly what you want.

Stay focused on your goals.

Have a life at the same time.

Whatever you are attempting to accomplish, having help can make all the difference. For example, if you want to exercise more, get a workout buddy. Committing to someone else that you are going to do something increases the likelihood of you actually accomplishing it.

I am launching a brand new coaching program.

There are **three options** to make this coaching accessible and affordable for everyone.

You can select from an **Online Study Program**, a **Group Coaching Program** or a **Private Coaching Program**.



Having climbed the Corporate ladder and as a former Director, Sales Operations in Hi-Tech, and having worked with clients privately and in groups for almost 10 years, I believe I have a pretty secure knowledge of the challenges facing individual contributors, managers and executives today.

I want to help **you** – **Get Out of Your Head, Get Into Action and Get What You Want!**

For more information, including special pricing and bonuses and to register **now** go to

<http://theknowledgeseries.com/corporate-coaching>

Have questions, or would you like to bring this program to your company or team?

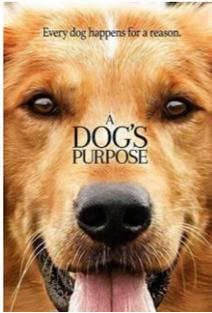
Contact Judy Peebles at [info@TheKnowledgeSeries.com](mailto:info@TheKnowledgeSeries.com) or 408-859-7465

**Get Out of Your Head!**

**Get Into Action!**

**Get What You Want!**

## A Dog's Purpose



I recently watched the 2017 movie – **A Dog's Purpose** with Dennis Quaid and Josh Gad as the voice of Bailey and who was the voice of Olaf in Frozen. The movie is based on a novel by W. Bruce Cameron. The book is great and, as usual, has much more depth than they can pack into a movie. But the movie is quite good.

I frequently speak with clients and prospects who are looking for their purpose. Some seem to expect it to be a huge revelation with internal fireworks. And, perhaps, sometimes it is like that, but more likely it is something that evolves slowly and something that changes from time to time, even moment to moment.

Maybe your purpose is to make a difference in the world, or just a difference in the life of one person.

Sometimes your purpose is just to get through whatever you are going through – the day, the hour.....

Sometimes you just need to focus on what is right in front of you – dealing with a challenging medical diagnosis and treatment, a visit to your significant other's aging relatives, or not getting the job you wanted even though you apparently did well in the interview process. And let that be your purpose for today.

Of course coaching can help you gain clarity on your purpose and so can journaling.

If you want to explore more about your Purpose, check out the Journaling Jems™ cards or eBook - ***Pursue a Life of Passion & Purpose.***

For more info go to:-

<http://thejournalinggenius.com/store/ebooks/>

**Go to the link below for other blog posts and to tell me about your purpose.**

<http://judypeebles.com/A-Dogs-Purpose-2017/>

## All That & A Bag of Chips

(aka Crisps – to the Brits)



I just had to share an amusing story about my summer. Last summer I started teaching Writing and Public Speaking part time to kids from 6-8 and 9-11 years old. This summer I taught a week long Summer Camp for 6-8 year olds and the Public Speaking topic was Confident Self. All the exercises were geared to improve their confidence and self esteem.

I happened to mention the expression "I'm all that and a bag of chips" that a friend of mine used to use all the time. For those of you who may have never heard of this expression, it basically means you are awesome!

In the class, everyone had to do a final presentation saying good things about themselves. This included statements like, "I am

*handsome, "I am beautiful", "I am good at chess", "I am good at basketball", "I am funny" and much more.*

It was great to see these little kids, some of whom were terrified and barely audible in their first presentations, stand up proud and confident in front of the class and speak highly of themselves.

And what was really amusing was how many of them decided to end their presentations with – "I'm all that and a bag of chips" and even one with "I'm all that and a big bag of chips.... A really big one!!" Too cute.

I have to admit it can be quite exhausting wrangling a room full of kids and I have even more respect for teachers who do this full time.

However, it is so rewarding to see the little guys and girls excel and gain confidence – even the shy and quiet ones – that I guess I'll have to keep at it for a while.

Stay tuned for more stories in future months about my ventures in teaching.

**Tell me how you are "All that and a bag of chips!"**

<http://judypeebles.com/All-That-and-A-Bag-of-Chips/>

**Judy Peebles**, International Speaker, Trainer and Coach.



Creator of The Journaling Jenius™, Journaling Jems™, The Knowledge

Series™ and High Heeled Haven™.

408-859-7465 or  
[info@TheKnowledgeSeries.com](mailto:info@TheKnowledgeSeries.com)